

Cognifit 30 caps A°
Cognifit 30 caps A° type unknown

Cognifit - 30 caps A°

MET21960

Buy this product at <https://www.preprod.supplentia.com/cognifit-30-capsules>

Supports brain function

Description

Usage

1 capsule daily, in the evening

Safe during pregnancy

Safe during lactation

Composition

Ingredients per capsule		
Vitamin B1 (thiamine hydrochloride)	1,1 mg	50%*
Vitamin B6 (pyridoxal-5-phosphate)	0,5 mg	37,5%*
Vitamin B12 (methylcobalamine)	25 mcg	1000%*
Vitamin B9/B11 (folate, Metafolin®)	100 mcg	50%*
Vitamin D (cholecalciferol)	25 mcg	500%*
Vitamin E (alpha tocopheryl acetate)	9 mg	75%*
Zinc (bisglycinate)	10 mg	
EPA	54 mg	
DHA	250 mg	
Alpha-lipoic acid	50 mg	
Citicoline	40 mg	
Turmeric extract (Curcuma longa)	175 mg	
Ginkgo biloba extract (Ginkgo biloba)	50 mg	
Green tea extract (Camellia sinensis)	50 mg	

Excipients

Gelatin, glycerol, silicon dioxide, soy lecithin, iron oxide

*RI : Reference intake

Metafolin®: most active and effective form of folate that is 5-Methyl Tetra Hydrofolate (5-MTHF)

Metafolin® is a registered brand of Merck KGaA, Darmstadt, Germany

Categorie: Cognitive / Neuro

Form: Capsule

Free from: Gluten, Lactose

Raw Material: Alpha-lipoic acid, Curcuma, Ginkgo Biloba, Green tea, Vitamin B1, Vitamin B6, Vitamin B9, Vitamin B12, Vitamin D, Vitamin E, Zinc