

## Cod Liver Oil - 90 caps

LE4186763

Cod Liver Oil - 90 caps

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### Vitamins A & D for your Immunity

## Description

### Dosage

Take 1 pill per day with a glass of water during meals.

### Recommendations

It is recommended to not exceed the recommended daily dose. A nutritional supplement is not a substitute for a varied and balanced diet and a healthy lifestyle. A food supplement is not a medicine. Keep out of reach of children. Inform your doctor and/or pharmacist in case of simultaneous use of medication. For pregnant or breastfeeding women, ask your therapist for advice. Keep away from light and humidity.

### The Positive Impact of Cod Liver Oil on Health

Would you like to discover how cod liver oil can benefit your health? LEPIVITS® cod liver oil is an ally for your health. This natural dietary supplement, sourced from the sea, is rich in essential micronutrients, particularly vitamins A and D, as well as omega-3 fatty acids. What is cod liver oil? Cod liver oil is extracted from the liver of codfish, a fish found in the cold waters of the ocean. It is traditionally recognized for its multiple health benefits, thanks to its high content of fat-soluble vitamins and essential fatty acids.

Why is it necessary for our body? Cod liver oil is a rich source of omega-3 fatty acids, including EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid). These essential fatty acids contribute to the normal function of the brain, normal cardiac function, and the maintenance of normal blood pressure.

### Technical Advantages of LEPIVITS® Cod Liver Oil: Bioavailability, Purity, and Sustainability

Here are the characteristics of our cod liver oil that allow you to make an informed choice for your well-being:

- **Optimized Bioavailability:** Bioavailability refers to the body's ability to absorb and utilize ingested nutrients. Our cod liver oil is formulated to maximize this absorption, ensuring that the precious vitamins A and D, as well as omega-3 fatty acids, are efficiently assimilated by your body. Each capsule is designed to provide an optimal concentration of essential nutrients. With 408 mg of cod liver oil per oil capsule, it provides 820 µg of vitamin A and 5 µg of vitamin D, along with natural vitamin E to protect the assets from oxidation.
- **Guaranteed Purity:** The purity of our oil is an absolute priority. We are committed to providing a product free of contaminants and undesirable substances, thanks to responsible fishing methods and rigorous filtration processes. Rigorously purified and compliant with the standards of the European Pharmacopoeia, it is the result of sustainable fishing and advanced filtration methods. With less than 0.01% of substances such as dioxins and residual solvents, our oil is synonymous with impeccable quality. We are committed to providing you with oil not only rich in essential micronutrients, like vitamins A and D, but also free from any contaminant, thus ensuring confidence in the concentration and purity of our product.
- **Commitment to Sustainability:** The "Friend of the Sea" Label: Our commitment to sustainability is certified by the "Friend of the Sea" label, which highlights our dedication to preserving marine ecosystems. This label guarantees that our cod liver oil comes from responsible sources, contributing to the protection of marine biodiversity and ensuring the sustainability of fishery resources for future generations.

## Composition

### Nutritional information

NUTRITIONAL INFORMATION	1 CAPSULE	AR%*
Lebertran von Kabeljau	408mg	-
Vitamin A	820?g	102
Vitamin D	5?g	100
Vitamin E	0,3mg	2

\* The recommended daily intake (Directive 2008/100/EC amending -> Decree 08.01.1992)

### Composition

Cod liver oil - capsule shell: gelatin, humectant: glycerol - Vitamin A (retinol palmitate) - Vitamin E (D-alpha tocopherol) - Vitamin D (cholecalciferol). Allergen : contains fish

<b>Categorie:</b>	Vitamin A, Vitamin E
<b>Form:</b>	Capsule
<b>Free from:</b>	Casein, Gluten, Lactose, Preservatives, Synthetic dyes, Synthetic flavors
<b>Raw Material:</b>	Vitamin D